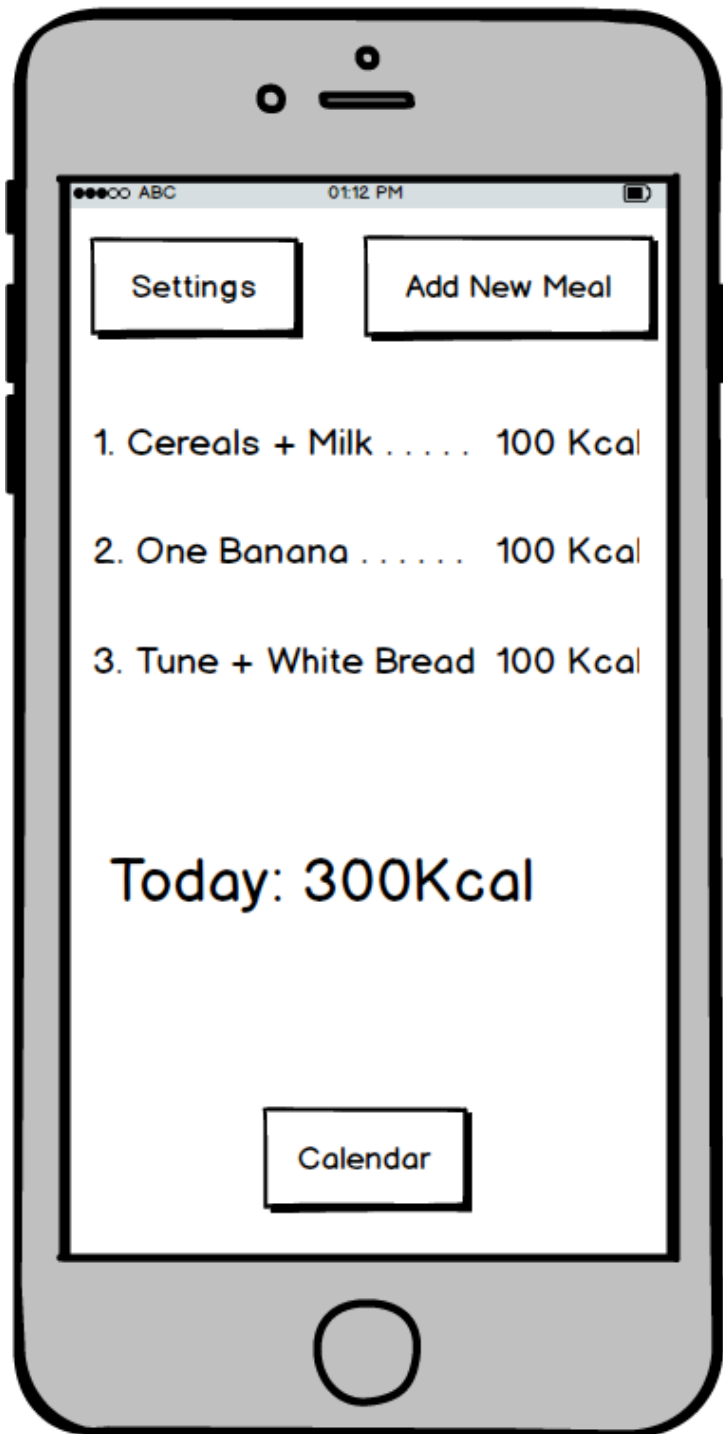


## Start/Home Screen



- As a user, I want to open the app and instantly see today's meal log and calorie consumption.
- I want to quickly add new meals and calories that I've just consumed.
- I also want to quickly access the inapp calendar to view my meal log for other dates.

## Add New Meal

ABC 01:12 PM

< Back

Add Your Meal

Cereal + Milk

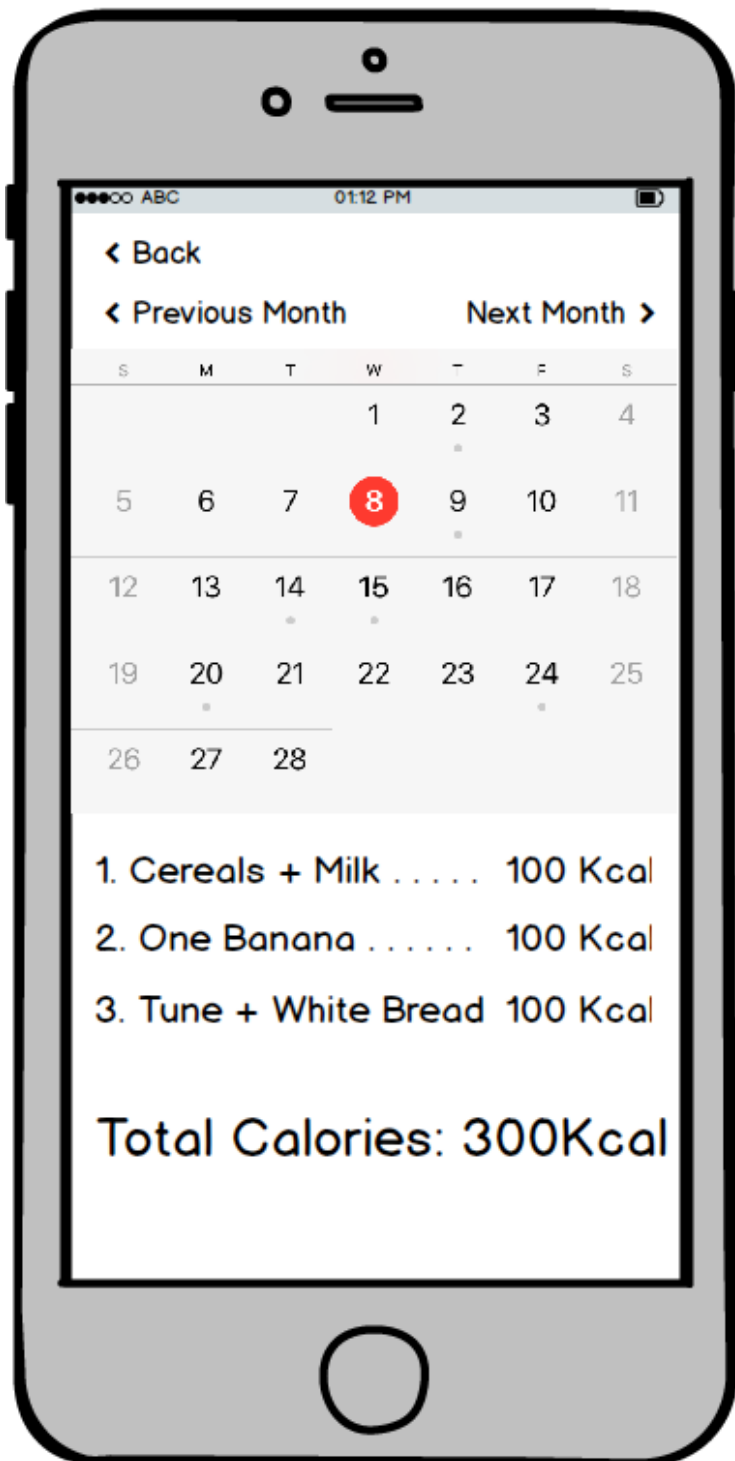
Calories

150 Kcal

Q W E R T Y U I O P  
A S D F G H J K L  
↑ Z X C V B N M ↵  
123 🌐 🗣️ space return

- I want to type in the name of the meal I've just had.
- Along with the name of the meal, I want to enter calories.

## Calendar



- As a user, I want to quickly select the date of the current month.
- When selecting the date, I want to see a list of meals underneath, like in the iPhone Calendar app.
- I want to switch to the next or the previous month.

## Settings



- I want to allow/disallow iCloud backup for my meal records.
- I want to allow/disallow daily push notifications that remind me to track calorie intake.